



## ***Private Pitching Lessons Application***

***Instructor: Dan Kopitzke***

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Athlete's Email \_\_\_\_\_ Cell Phone (16 and over) \_\_\_\_\_

Home Address \_\_\_\_\_

Team/League(s) \_\_\_\_\_

Years of Pitching Experience \_\_\_\_\_ Graduation Year \_\_\_\_\_

Father's name \_\_\_\_\_ Email \_\_\_\_\_

Mobile Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Mother's name \_\_\_\_\_ Email \_\_\_\_\_

Mobile Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

We were referred / recommended to you by the following people:

**I have read and understand the information and policies concerning one on one instruction at the K-Zone Academy.**

Parent's signature \_\_\_\_\_ Date \_\_\_\_\_

Athlete's signature \_\_\_\_\_ Date \_\_\_\_\_



What is the main job of a Pitcher? (Select the best one)

- Get hitters out
- Strike hitters out
- Hit the catcher's glove
- Make hitter's timing off (early or late)
- Throw Strikes
- Make hitters earn it (no walks)

**Rank the following answers as follows: 1= Most Important, 2= 2nd most important...etc.**

How does a pitcher best accomplish his job (the one you selected above)? (Rank ONLY the top 5)

- Throwing it by them
- Hitting your spots
- Making the ball move
- Throw strikes early and often
- Dominating the hitter
- Changing Speeds
- Mixing Locations
- Getting them to pop up / ground out
- Being deceptive
- A Curveball/Slider
- Change speeds and locations
- A Splitter
- A Changeup
- A Fastball

Which performance measurements do you want to improve? (Rank ONLY the top 3)

- Velocity
- Movement
- Arm Health/Durability/Stamina
- Off-speed pitches
- Control/% of strikes
- Strike out to walk ratio
- Hits per inning
- Deception

*Complete the following sentence: I would know I was a successful pitcher if I could...*

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*To the Parent and the Athlete: What are your basic expectations from the lessons?  
In essence, what do you expect from Coach? What do you see as his primary responsibilities?*

**K-ZONE ACADEMY**

737 Center Street, Apex, NC 27502

**WAIVER of Liability, Assumption of Risk and Indemnity Agreement**

**Waiver:** In consideration of being permitted to use, today and on all future dates, the property, facilities, staff, equipment and services of K-Zone Academy, I, for myself, my heirs, personal representatives or assigns, do hereby release, waive, discharge, and covenant not to sue K-Zone Academy, its directors, officers, employees, and agents from liability from any and all claims including the negligence of K-Zone Academy, resulting in personal injury, accidents or illnesses, and property loss arising from, but not limited to, participation in activities, classes, observation, and use of facilities, premises or equipment.

**Assumption of Risks:** Physical activity, by its very nature, carries with it certain inherent risks that cannot be eliminated regardless of the care taken to avoid injuries. K-Zone Academy has facilities for and provides for activities such as strength and agility training, baseball and softball skill sessions, camps and clinics. Some of these involve strenuous exertions of strength using various muscle groups, some involve quick movements involving speed and change of direction, and others involve sustained physical activity which places stress on the cardiovascular system. The specific risks vary from one activity to another, but the risks range from minor injuries to severe injuries.

**Indemnification and Hold Harmless:** I also agree to indemnify and hold K-Zone Academy HARMLESS from any and all claims, actions, suits, procedures, costs, expenses, damages and liabilities, including attorney’s fees brought as a result of my involvement at K-Zone Academy and to reimburse them for any such expenses incurred.

**Severability:** The undersigned further expressly agrees that the foregoing waiver and assumption of risks agreement is intended to be as broad and inclusive as is permitted by the law of the State of North Carolina and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

**Acknowledgment of Understanding:** I have read this waiver of liability, assumption of risk, and indemnity agreement, fully understand its terms, and understand that I am giving up substantial rights, including my right to sue. I acknowledge that I am signing the agreement freely and voluntarily, and intend by my signature to be a complete and unconditional release of all liability to the greatest extent allowed by law.

\_\_\_\_\_  
Signature of Parent/Guardian of Minor

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Participant

Participant’s Age (if Minor) \_\_\_\_\_